



MARKETWATCH

Shop Wisely To Beat Food Price Inflation

THE NATIONAL AGRICULTURAL
MARKETING AND DEVELOPMENT
CORPORATION

| FRESH PRODUCE | TRINIDAD | | | | TOBAGO | |
|------------------|-----------------|------------------|---------------|---------------|------------------|-------------|
| | Farmers' Market | Municipal Market | Veggie Mart | Super-Market | Municipal Market | Veggie Mart |
| | Min - Max | Min - Max | Min - Max | Min - Max | Min - Max | Min - Max |
| Tomato (M) | 17.64 - 26.46 | 19.84 - 30.86 | 19.84 - 28.46 | 26.43 - 50.68 | 33.07 | 30.86 |
| Cabbage (Local) | 11.02 - 13.23 | 11.02 - 15.43 | 11.02 - 17.60 | 11.00 - 17.86 | 22.05 | 19.84 |
| Pumpkin | 3.31 - 6.61 | 3.31 - 6.61 | 5.51 - 8.82 | 3.31 - 9.92 | 11.02 | 7.72 |
| Melongene (M) | 6.61 - 11.02 | 6.61 - 15.43 | 6.61 - 8.80 | 13.39 - 17.29 | 15.43 - 17.64 | 19.84 |
| Cucumber | 5.51 - 8.82 | 4.39 - 11.02 | 3.31 - 8.82 | 4.49 - 16.99 | 11.02 | 13.23 |
| Sweet Pepper (M) | 15.43 - 33.07 | 22.05 - 33.07 | 15.41 - 30.86 | 23.63 - 39.99 | 35.27 | 44.09 |
| Pimento | 0.20 - 0.50 | 0.16 - 0.65 | 0.25 - 0.60 | 0.31 - 0.40 | 0.60 | 0.60 |
| Ochro | 0.25 - 0.75 | 0.42 - 0.75 | 0.50 - 0.75 | 0.33 - 1.50 | 0.60 - 1.00 | 0.80 |
| Callaloo (roll) | 5.00 - 7.00 | 6.00 - 8.00 | 6.00 - 7.00 | 6.99 | NA | NA |
| Callaloo (open) | 3.00 - 6.00 | 4.00 - 8.00 | 5.00 - 7.00 | 4.99 - 6.99 | 5.00 - 10.00 | 8.00 |
| Lettuce (M) | 3.00 - 6.00 | 4.00 - 8.00 | 5.00 - 6.00 | 4.99 - 7.50 | 12.00 | 10.00 |
| Chive | 2.50 - 4.00 | 2.00 - 4.00 | 2.00 - 3.50 | 1.99 - 4.99 | 4.00 - 5.00 | 5.00 |
| Carrot | 13.20 - 19.80 | 13.20 - 17.60 | 14.30 - 17.60 | 10.98 - 17.58 | 17.60 - 22.00 | 22.00 |
| Cassava | 5.51 - 7.34 | 5.51 - 8.82 | 4.96 - 8.82 | 7.10 - 13.75 | 8.82 - 11.02 | 11.02 |
| Plantain | 11.02 - 15.43 | 11.02 - 17.64 | 13.23 - 17.64 | 17.60 - 23.99 | 22.05 | NA |
| Sweet Potato | 17.64 - 22.05 | 13.23 - 26.46 | 15.43 - 22.05 | 13.21 - 24.99 | 26.46 | 22.05 |
| Papaya | 8.82 - 11.02 | 6.59 - 11.02 | 6.61 - 13.23 | 8.92 - 15.99 | 15.43 | 15.43 |
| Banana | 8.82 - 13.23 | 11.02 - 15.43 | 8.82 - 15.43 | 6.99 - 13.23 | 13.23 - 15.43 | 13.23 |
| Watermelon | 4.41 - 8.82 | 4.41 - 8.82 | 6.61 | 5.25 - 9.99 | 7.72 - 11.02 | 9.92 |

TRINIDAD

| FISH | Municipal |
|------------|---------------|
| Carite | 33.07 - 39.68 |
| Cavalli | 22.05 - 39.68 |
| Salmon | 33.07 |
| Shark | 22.05 - 26.46 |
| Shrimp (M) | 55.12 |
| Red Fish | 33.07 - 39.68 |
| King Fish | 39.68 - 48.50 |

FOOTNOTES

Prices -\$/kg except chive and callaloo - \$/bdl, pimento and ochro - \$/each, NA - Not Available
M - Medium,

Trinidad - Farmers' Markets (7) - prices collected from 23-25 July 10, Municipal Markets (18), Veggie Marts (12) & Supermarkets (41) - prices collected from 23-24 July 10

Tobago - Average prices collected at the Municipal Market and Veggie Marts (2) on 24 July 2010.

For further information

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www.namistt.com



OR CALL US
647-3218 ext 601 - 5