



PRICES COLLECTED FOR THE PERIOD 28 - 29 APRIL 2011

Supermarket Item	Unit	Trinidad	Tobago
		Min-Max	Min-Max

## DAIRY PRODUCTS

Powdered milk	800g	38.57 - 45.79	44.99
Condensed milk	395g	7.99 - 9.99	8.99 - 9.50
Evaporated milk	250ml	5.35 - 6.49	5.50 - 5.70
Liquid milk	1 L pack	9.49 - 10.99	9.45 - 9.50
Eggs (L)	Doz	12.99 - 18.99	19.20
Butter	250g	22.95 - 31.99	25.99
Cheddar cheese	kg	34.49 - 55.09	40.00

## BAKERY PRODUCTS

Bread (white)	Loaf	10.75	10.75
Bread (whole wheat)	Loaf	11.50	11.50
Salted biscuit	284g	9.97 - 12.49	9.60 - 10.00

## SUGAR

Brown	1800g	11.99 - 19.99	17.30 - 19.35
White	1800g	16.59 - 18.99	15.25 - 17.25

## CEREALS & STARCHES

Flour (white)	2kg	11.49 - 14.99	13.60 - 15.85
Flour (whole wheat)	2kg	12.99 - 15.99	14.85 - 15.85
Rice (brown)	2kg	14.75 - 19.99	17.55 - 19.80
Rice (white)	2kg	15.39 - 16.49	17.50
Macaroni	400g	2.59 - 5.99	2.75 - 4.60
Potato	kg	4.39 - 8.82	8.60
Yeast	500g	17.29 - 21.99	17.40 - 20.70
Baking powder	115g	2.30 - 2.99	2.30 - 2.95
Corn flakes	500g	19.30 - 20.99	18.95 - 19.30

## OILS & FATS

Soyabean oil	900ml	10.99 - 18.75	11.45 - 11.90
	1L	15.65 - 23.99	NA
Margarine	250g	4.99 - 8.99	6.35

## PROCESSED ITEMS

Chicken hot dog	400g	9.29 - 12.99	11.30 - 11.90
Chicken sausage	141g can	2.89 - 4.69	3.20 - 4.20
Corned beef	340g can	9.99 - 17.99	10.55 - 14.20
Sardine	141g can	5.35 - 8.29	5.60 - 6.25
Tuna flakes	170g can	4.20 - 8.99	4.55 - 5.40
Tuna chunks	170g can	5.99 - 9.99	6.95 - 8.30

## CONDIMENTS

Curry powder	230g	8.99 - 11.99	NA
Salt	400g	1.39 - 2.95	1.65 - 1.85
Black pepper	30g	2.29 - 3.30	3.40
Onion	kg	5.59 - 11.00	9.35
Garlic	kg	23.96 - 33.05	39.95
Ketchup	750ml pack	3.40 - 5.99	3.85 - 5.05

## NON ALCOHOLIC DRINKS

Tea	50 bags	13.99 - 20.99	16.70 - 17.60
Coffee (ground)	230g	9.80 - 10.49	9.99
Coffee (instant)	100g	NA	NA
Cocoa	200g	9.99 - 28.99	10.45 - 12.35
Malted breakfast drink	300g	16.99 - 19.99	17.10 - 17.99
Orange juice	1 L pack	8.80 - 10.69	9.80 - 9.99
Soft drink (flavoured)	2 L	4.99 - 6.99	NA
Soft drink (black)	2L	6.99 - 7.99	8.25 - 8.60

## PULSES

Unit 254g (1lb)	Trinidad		Tobago
	Municipal Market	Supermarket	Supermarket
Lentil	4.50 - 7.00	3.99 - 5.30	4.09
Red Bean	7.00 - 8.00	5.29 - 6.99	4.64
Channa	5.00 - 7.00	1.99 - 7.99	3.60
Split Peas	2.00 - 4.00	2.10 - 3.99	2.20
Black Eye	5.00 - 6.00	1.99 - 6.75	5.30

## MEAT

Unit (kg)	Trinidad		Tobago
	Farmers' Market	Supermarket	Supermarket
Chicken			
Mixed Parts	19.80	27.94 - 29.99	NA
Whole	29.00	25.00 - 29.99	NA
Breast		22.99 - 37.99	45.25
Leg		24.99 - 38.49	43.50
Thigh		24.10 - 30.84	35.11
Beef Stew		37.46 - 49.99	54.96
Lamb Stew		27.01 - 49.99	34.42
Goat Stew		40.90 - 57.30	59.40
Pork Stew		24.36 - 44.99	41.60